

# Brows and Beauty by Sara

## CLIENT PMU/MICROBLADING PRE-TREATMENT ADVICE & AGREEMENT

Please note, by booking your appointment with the salon, you are automatically entering and agreeing to the information in this agreement.

Permanent make up and/or microblading is a fantastic enhancement service that compliments your facial features and once healed, requires minimal maintenance. We are here to ensure your service is successful and without any complications. Please read the following advice fully and contact me if you have any questions.

### BEFORE THE APPOINTMENT:

- Make sure to check the list of contra-indications (as part of this agreement) and ensure to discuss with me beforehand if you find that one or few are present. Contra-indication doesn't necessarily mean the salon won't be able to perform the service, but it might mean that we need to consider the most suitable action plan. If you haven't contacted me, I will assume there are no contraindications present.
- Please wear your normal make-up to the salon on the day of your procedure especially if you wish to recreate similar results with PMU service.
- Please do not drink alcohol the night before the service and coffee/ caffeinated tea the morning of the appointment as this might affect healed results. You may have these after your appointment.
- Where possible, try to avoid excess of the following herbs and spices 7 days prior to appointment: black pepper, chilli peppers, cardamom, ginger, cayenne, cinnamon, garlic, horseradish, mustard.
- If you require a patch test to be performed, this must be organised at least 48 hours before the appointment date.
- Any brow shaping using waxing should be performed at least 48hrs before the treatment. Electrolysis treatment should be undergone no less than 5 days before the treatment. AHA preparations, chemical peels and retinol treatments should be undergone no less than 2 weeks before the treatment. Laser resurfacing treatments or procedures should not be performed 6 weeks before the PMU/Microblading service.
- If you are aware of any physical, mental, or medical impairment or disability that might affect your wellbeing as a direct or indirect result of having the PMU/ Microblading procedure done at this time, do not go ahead with your service and notify me of cancellation.

### DURING THE PROCEDURE:

- Although numbing cream is used during the procedure, slight sensitivity/ discomfort can still be present as the procedure is invasive.
- Delicate or sensitive skin may be red and/ or swollen for up to 48 hours after the procedure.
- During the service, your artist will perform a consultation and predraw the intended shape of the PMU/ Microblading service.
- Your artist will also pick the most suitable pigment colour for your requirements. By agreeing to go ahead with the service you fully consent to the action plan proposed by your artist.
- To ensure your artist is using fully sterilised and single use items, you may ask your artist to open the tool packaging in front of you, this way you can ensure that the blades are provided by a reputable company that ensures highest hygiene standards and no threat to your health.
- If unforeseen circumstance arises in the course of THE microblading procedure, by going ahead with the service you authorise your artist to use their professional judgement to decide on what she feels necessary in the given circumstances to provide you with the best possible results.

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## MANDATORY TOPICAL ANAESTHETIC ADVICE

- **PROCEDURE:** For Microblading/ PMU procedure a numbing cream/gel is used. The products are formulated to be perfectly safe for the area to be treated and can be purchased over the counter from pharmacy/chemist. The anaesthetic is placed over the treatment area for 15-20 minutes then carefully removed prior to the service. If you have a previous experience of an allergic reaction to lidocaine (the active ingredient) you must me.
- **NUMBNESS:** I cannot accept responsibility if the area to be treated does not respond to the numbing cream. Each individual is different according to skin type. Some clients report the area to be completely numb, while others may experience some discomfort. In all cases, discomfort is easily manageable.
- **ALLERGIC REACTION:** Can occur from anaesthetics. If you do suffer from an allergic reaction, you should contact your doctor immediately. Allergic reaction response may show through excessive redness, swelling, rash, blistering, dryness or any other symptoms associated with an allergic reaction (not to be confused with post procedure sensitivity and normal healing process).

## POST THE TREATMENT:

- PMU/Microblading procedure normally requires multiple treatment sessions (for eyes brows or lips). For best results, clients will be required to return for at least one re-touch appointment. This will take place as scheduled with your salon, but a minimum of 4+ weeks post your original session.
- Please be prepared that colour intensity will be significantly darker and sharper immediately after the procedure, your artist will take this into consideration and plan accordingly to ensure you have the best healed results. This will reduce by 30%-50% one healed therefore the immediate results are not an exact representation of healed result.
- You may resume your normal activities following the procedure, however, using cosmetics, excessive perspiration and exposure of the sun should be limited until the skin has fully healed. Please see attached after care card for full details.
- Everlasting Brows pigments used are non toxic and fully comply with all the required industry health standards. By going ahead with the service you fully agree and understand that the results will fade over time, in some cases may disappear completely over period of couple of years and in some cases may never fully disappear. You may maintain the results with yearly "boost" session or you may allow the pigment to continue fading.
- The result of the procedure is determined by the following; medication, skin characteristics (dry, oily, sun-damaged, thick or thin skin type), pH balance of your skin, alcohol intake and smoking, post procedure after care, results cannot be guaranteed and will vary from person to person.
- Please be advised that the true colour will be seen 4 weeks post procedure, and that the pigment may vary according to skin tones, skin type, age and skin condition. Some skin types accept pigment more readily and no guarantee on exact colour can be given. During the healing process pigment will go through stages of tones (darker, lighter until reaching the final colour).

## BEFORE GOING AHEAD WITH YOUR SERVICE, PLEASE NOTIFY YOUR SALON/ARTIST IF YOU HAVE ANY CONTRAINDICATIONS.

Retin A within last 2 weeks

Anaemia

Prolonged bleeding

Trichotilomania

Low Blood Pressure

Chemical or laser peel within the last 6 weeks

Healing problems

Do you scar easily

Regularly taking fish oils or vitamins

Do you bruise or bleed easily

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Artificial Heart Valves

Diabetes

Haemophilia

Fainting spells or dizziness

High blood pressure

Liver disease

Circulatory Problems

HIV

Hair loss

Hepatitis

Are you currently pregnant or nursing?

AHA preparations in the last 2 weeks

Fat, Botox or Collagen injections

Tumours, growths, cysts

Thyroid disturbances

Alopecia

Existing skin conditions

Epilepsy

Hypertrophic scars

Keloid scars

Cancer

## AFTER CARE INSTRUCTIONS

Thank you for trusting me with enhancing your beautiful features using Microblading.

Your healed results are expected to last between 12 - 36 months.

Few factors will help prolong the expected durability. Please read carefully and then enjoy!

Follow these INSTRUCTIONS for the FIRST 14 DAYS:

- Once you return home after the procedure, wipe the area using a Q-tip and water.
- Apply balm as per advice from me. You might not need to use it at all if your skin is naturally oily. Or if your skin is dry, you might need to use the balm several times a day.
- Before applying a new layer of balm, ensure to gently remove the previous one with Q-tip and water.
- No makeup or skincare products directly on your new PMU/Microblading.
- Do not wet/ soak your PMU/Microblading.
- Avoid excessive exercising for the first 7 days as sweat can contribute to poor retention.
- Avoid sauna, steam rooms and sunbeds.
- If any scabs occur, allow to shed naturally without picking.
- Avoid touching the area, if itch occurs, gently tap to release the itch.
- When using towel to dry, just pat without rubbing the area.

Follow these instructions FOR BEST long term results:

- Book in your top up session, even if the service looks great, its still recommended for best results
- Avoid direct sun exposure to prevent colour fade. Protect your microblading using sunscreen.
- Any skincare products that encourage cellular renewal should be avoided directly on the PMU and microblading
- Once the area is healed, you may apply make-up as usual when desired.
- When you notice that the results are fading and you are in need of colour boost, contact your therapist who will be able to schedule your session. Usually boosts are recommended yearly, but can vary for your skin type.

**That's all from us, now go on and enjoy!**